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2019-2020 Research Report

This report reflects the scholarly works of faculty and students of the 2019-2020 academic year.

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Publications

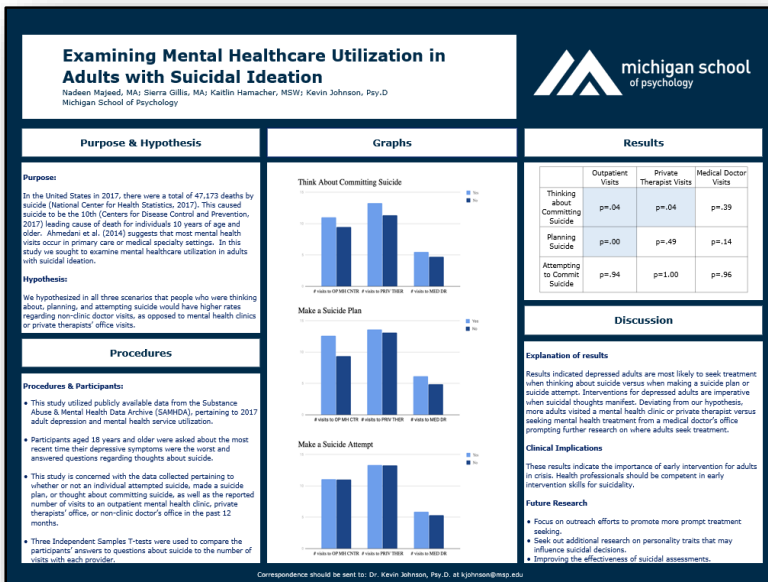
- Callan, P. D., Shepler, D. K., Justice, M., D., & Oliver, C. E. (2020). Correlates of sluggish cognitive tempo among clinic referred youth: Expanding awareness of somatic symptoms and stress in the clinical picture. *Journal of Pediatric Neuropsychology*, Online First doi: 10.1007/s40817-020-00083-6
- Shepler, D. K. (2019, December). Book Review: Gay & bisexual men living with prostate cancer: From diagnosis to recovery. *Div. 44 Newsletter*, 34(3). Retrieved from <https://www.apadivisions.org/division-44/publications/newsletters/division/2019/12/prostate-cancer>
- Visintin, C.D.N., Schulte, A.A., Aiello-Vaisberg, T.M.J. (2020, in print). Meus Hormonios me Enlouquecem. *Revista Psicologia USP*. São Paulo/SP. ISSN 1678-5177

Conference Presentations

- Bach, L., Buzolits, J.S., & Smith A. (2020, February) *The Art and Science of Experiential Learning: Enhancing Meaning and Personal Relevance for All Students* [Presentation] 37th Annual Winter Roundtable at Teachers College Columbia University. New York, NY, United States.
- Balaghi, D., Self-care practices for psychologists (2020, August). In N. Moser (Chair), *Self-Care practices for Psychologists: 3 Part Series*. Michigan State University's Clinical Science Forum, East Lansing, MI, United States.
- Biedron, K., & Lampropoulos, G. K. (2019, November). *Acculturation as a moderating variable between parentification and immigrant mental health* [Paper presentation]. 12th International Congress of Clinical Psychology, Santander, Spain.
- Boot, J., & Shepler, D. (2020, August). *Development of the asexuality stigma scale*. [Poster session]. 128th Annual Convention of the American Psychological Association, Washington, DC, United States.
- Boot, J., & Shepler, D. (2020, April). *Disconfirmatory evidence of asexuality-related mental distress* [Poster session]. 92nd Annual Meeting of the Midwestern Psychological Association, Chicago, IL, United States. (Conference canceled)
- Brown, F. (2020). *LGBTQIA+ Inclusion in higher education leadership: Ways forward* [Selected Panelist]. Diversity in Leadership Conference, Harvard Faculty Club, Cambridge, MA, United States.
- Buzolits, J.S. (2020, July) *Managing Our Response to Trauma: Navigating the Dual Pandemics of COVID-19 and Racism* [2 part online workshop]. Labor and Employment Division of the Michigan Bar. Lansing, MI.
- Buzolits, J. S., Abbey, A., Gillis, S., Johnson, K., Majeed, N., Malik, H., Mangiapane, V., & Resetar, A. (2020, March). *Trauma Stewardship: How Do We Navigate our Responses to Others' Suffering?* [Poster session]. Society for Humanistic Psychology 13th Annual Conference, New Orleans, LA, United States. (Conference cancelled)
- Buzolits, J.S. & Smith A. (2020, February) *Trauma Psychology: A Key Component of Multicultural Psychology* [Presentation] 37th Annual Winter Roundtable at Teachers College Columbia University. New York, NY, United States.

- Callaway, C., Jasser, D., Balaghi, D. (2020, May). *The role of climate change in therapy: Psychologists role as agents of change* [Conference workshop]. Cultural Competency Conference, Farmington Hills, MI, United States. <https://msp.edu/student-services/student-engagement/cultural-competency-conference/> (Conference canceled)
- DePorter, J. (2020, August). *The war at home: Predicting violent behavior among post combat veterans* [Poster session]. 128th Annual Convention of the American Psychological Association Convention, Washington, D.C, United States.
- Dushane, L.A., & Ingram, A.M. (2020, April). *Using various holistic interventions to improve low self esteem* [Poster session]. Psi Chi's 5th Annual Research Symposium, Farmington Hills, MI, United States. (Conference canceled)
- Glaros, M., Corbin, C., & Herline, L. (April, 2020). *Sleep: Quality over quantity* [Poster session]. 92nd Annual Meeting of the Midwestern Psychological Association, Chicago, IL, United States. (Conference cancelled)
- Glaros, M., Sebastian, C., & Spencer, H. (April, 2020). *Development of a comprehensive Death Attitude Scale* [Poster session]. 92nd Annual Meeting of the Midwestern Psychological Association, Chicago, IL, United States. (Conference cancelled).
- Ilmer, R. (2020, March). *Applied behavior analysis in substance abuse treatment* [Poster session]. Society for Humanistic Psychology 13th Annual Conference, New Orleans, LA, United States. <https://static1.squarespace.com/static/59543862c534a568ba166f9c/t/5e5ad35c55dd083654172472/1583010653280/2020+SHP+Conference+Schedule+%281%29.pdf> (Conference canceled)
- Lampropoulos, G. K. (2020, May). *Avoiding bias and discrimination and enhancing diversity competence and inclusion in research* [conference session]. 2nd annual Cultural Competency Conference at the Michigan School of Psychology, Farmington Hills, MI, United States. (Conference canceled)
- Lampropoulos, G. K., & Biedron, K. (2019, November). *Gender, age at immigration, culture, and perceived fairness as moderators between parentification and mental health* [Paper presentation]. 12th International Congress of Clinical Psychology, Santander, Spain.
- Jasser, D. (2020, September). *Weight bias: Within and beyond therapy* [Poster session]. Michigan Academy of Science, Arts and Letters, Southfield, MI, United States. <https://www.alma.edu/offices/michigan-academy/conference-information/>
- Johnson, K. P., Shepler, D. K., Gibson, B., & Blackstock, R. (2020, April). *Video games, virtual reality, and aggression* [Poster session]. Midwestern Psychological Association, Chicago, IL. (Conference cancelled)
- Kadrich, M. & Shepler, D., (2020, April). *Catfishing: Use of false identities in online dating* [Poster session]. 92nd Annual Meeting of the Midwestern Psychological Association, Chicago, IL, United States. (Conference canceled)

Keenan, K., & Malick, H. (2020, March). *Not laughing at oppression and injustice: A case study using the film Joker to examine the role of empathy and oppression on human being and becoming* [Panel Discussion]. Society for Humanistic Psychology 13th Annual Conference, New Orleans, LA, United States. (Conference cancelled)



Majeed, N, Gillis, S., Hamacher, K., & Johnson, K. P. (2020, April). *Examining mental healthcare utilization in adults with suicidal ideation* [Poster session]. Midwestern Psychological Association, Chicago, IL. (Conference cancelled)

Mangiapane, V. (2020, April). *Grief: The loss of a child* [Poster session]. Psi Chi's 5th Annual Research Symposium, Farmington Hills, MI, United States. (Conference canceled)

McIntosh, D., Craft, A., & Sebree Jr, D. (2020, March). *The Trump effect and the implications for racial implicit bias* [Conference session]. Society for Humanistic Psychology 13th Annual Conference, New Orleans, LA, United States. <https://shpconference.com/s/2020-SHP-Conference-Schedule-1.pdf> (Conference canceled)


McKissic, A., Perlstein, J., Ingle, M., & Sebree Jr, D. (2020, March). *Power and vulnerability - Experiential workshop on the politics of gender* [Conference session]. Society for Humanistic Psychology 13th Annual Conference, New Orleans, LA, United States. <https://shpconference.com/s/2020-SHP-Conference-Schedule-1.pdf> (Conference canceled)

Schulte, A.A., Gallo-Belluzzo, S.R., Aiello-Vaisberg, T. M. J. (2020, August). *Loneliness within and out: Psychology students imaginary on children's rape* [Convention Presentation]. 128th Annual Convention of the American Psychological Association, Washington, DC. United States. <https://convention.apa.org>


Shepler, D., Callan, P. D., Craft, A. & Hamacher, K. (2020, April). *Comparing Conners 3 and ASEBA: Interrater reliability on ADHD subscales* [Poster session]. 92nd Annual Meeting of the Midwestern Psychological Association, Chicago, IL, United States. (Conference canceled)

Predicting Intimacy: Differences and Similarities Across Gender and Sexual Orientation

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Purpose & Hypotheses	Results	Discussion
<p>Purpose: Research indicates that some factors, such as emotion work, are minimally related to gender (Cox et al., 2015), while other factors, such as empathic responding, lead to feelings of intimacy and differ by gender (Holtell et al., 2008). Subsequently, the next research would benefit further investigation of how factors that contribute to intimacy are influenced by gender. Furthermore, many researchers have focused on heterosexual couples (Green et al., 2011), leaving open the possibility for different factors predicting intimacy in gay men and lesbian women than in their heterosexual peers. Thus, we examine how gender and sexual orientation influence intimacy.</p> <p>Hypotheses: We predicted that emotion work, empathic responding, and interactions with spouse would predict intimacy for men and women of all sexual orientations.</p>	<p>Plan of Analysis: To test the hypotheses, a multiple linear regression analysis was completed. Four follow-up regressions were conducted based on gender and sexual orientation. Specifically, regression analyses were completed for heterosexual men ($n = 134$), gay men ($n = 207$), heterosexual women ($n = 194$), and lesbian women ($n = 298$). Due to sample distribution, analysis is limited to the listed groups.</p> <p>Main Analysis: The regression equation was significant for the overall sample ($F(6,278) = 201.36, p < .001$) and explained about 62% of the variance in intimacy (Adjusted $R^2 = .618$). EW ($\beta = .30$), $ATSN$ ($\beta = .20$), and $ATSP$ ($\beta = .21$) were significant predictors of intimacy, while the EW and $ATSN$ were not significant predictors of intimacy. Spouses' ability to make responses that cared for and how respondents acted toward spouses were significant predictors of intimacy while empathic factors were less important. In other words, a spouse's attempt to improve mood was more important than a spouse's ability to understand responses in facilitating intimacy.</p> <p>• Heterosexual Men: The model was significant, $F(6,187) = 36.3, p < .001$ and explained about 60% of the variance (Adjusted $R^2 = .62$); only EW ($\beta = .20$) was a significant predictor of intimacy.</p> <p>• Heterosexual Women: The model was significant $F(6,87) = 38.28, p < .001$ and explained about 60% of the variance (Adjusted $R^2 = .63$); EW ($\beta = .19$), EW ($\beta = .20$), $ATSN$ ($\beta = .19$), and $ATSP$ ($\beta = .20$) were significant predictors of intimacy.</p> <p>• Gay Men: The model was significant, $F(6,208) = 49.67, p < .001$ and explained about 59% of the variance (Adjusted $R^2 = .58$); only EW ($\beta = .32$) was a significant predictor of intimacy.</p> <p>• Lesbian Women: The model was significant, $F(6,222) = 63.22, p < .001$ and explained about 60% of the variance (Adjusted $R^2 = .62$); EW ($\beta = .38$) and $ATSP$ ($\beta = .03$) were significant predictors of intimacy.</p>	<p>Summary of Results: One man and four gender x sexual orientation-specific regression analyses were compared to identify predictors of intimacy. EW was a significant predictor of intimacy for all groups (and was the only significant predictor of intimacy for gay and heterosexual men) while $ATSN$ was significant for only heterosexual and lesbian women, and EW and $ATSN$ were significant predictors only for heterosexual women.</p> <p>Clinical Implications:</p> <ul style="list-style-type: none"> • These findings indicate that affirming actions from spouses has a robust and universal impact on relationship intimacy. The advice of "love is until you cease" or "they told some clinical research, if therapists are able to help partners connect to active positivity and reframing from acting negatively toward their spouses, then intimacy may be facilitated. Ideally, a key limitation of this approach is that results are correlational, not causal. While facilitating positive interaction does not theoretically facilitate intimacy, therapists are cautioned to remember that intimacy may actually be the facilitating factor toward positive interaction experiences. • Perhaps more concretely, guiding clients to engage in affirming behaviors that demonstrate care may be more important than helping partners to understand each other's emotions, using partners' own positive responses as they facilitate expressions of caring may be more useful in facilitating intimacy in couples. This illustrates that improving affirming behaviors in couples could be a better therapeutic approach than using emotion-focused, which fits with a conceptualization like the Gottman method for improving intimacy. <p>Directions for Future Research:</p> <ul style="list-style-type: none"> • Findings indicate that feelings of intimacy are reliably influenced by positive interactions that are negative interactions with a partner's spouse. A key limitation of this conclusion, however, is that the current research is correlational, rather than experimental in nature, or observational (e.g., couples' work). Future research that utilizes a longitudinal design would be useful in further understanding the relationship among interaction types and intimacy. • Future studies should attend to the interaction of gender and sexual orientation in understanding intimacy. Some appear to conceptualize intimacy differently than men. Further understanding of gender (and other factors) may moderate test intimacy. • Finally, the measures used in the ICRS-3/4/6 data set are brief and may have limitations in terms of validity. Using emerging instruments that are psychometrically sound for diverse populations, including those not well-represented here (e.g., neurodiversity), may further lead to nuanced understanding of intimacy.
<p>Participants: In this secondary analysis of the ICRS-3/4/6 data set, data from 325 men and 420 women of various sexual orientations was obtained for analysis.</p> <p>Procedures & Measures: The ICRS-3/4/6 data set, which was obtained through the Inter-university Consortium for Political and Social Research, includes measures of Emotion Work, Empathic Responding, Interactions with Spouse-Positive Interactions with Spouse-Negative, Actions Toward Spouse-Positive, Actions Toward Spouse-Negative and Intimacy. A key limitation of this data set is that scale names and psychometric properties are not available for the overall samples.</p> <p>• Emotion Work (EW) was measured using a 5-item scale that assesses interaction and connection to spouse.</p> <p>• Empathic Responding (ER) was measured using a 6-item scale that assesses respondents attempt to listen to or comfort spouse.</p> <p>• Interactions with Spouse - Positive (ISP) was measured using a 3-item scale that assesses the affirming actions of spouse toward respondent.</p> <p>• Interactions with Spouse - Negative (ISN) was measured using a 5-item scale that assesses the dismissive actions of spouse toward respondent.</p> <p>• Actions Toward Spouse - Positive (ATSP) was measured using a 2-item scale that assesses the respondent's caring actions toward spouse.</p> <p>• Actions Toward Spouse - Negative (ATSN) was measured using a 5-item scale that assesses the respondent's dismissive actions toward spouse.</p> <p>• Intimacy was measured using a 3-item scale that assesses levels of intimacy between respondent and spouse.</p>		<p>Correspondence may be sent to Dr. Dustin Shepler, dshepler@msp.edu</p>

Shepler, D., Chappell, L., Boot, J., Vichinsky, K., & Bernardo, C. (2020, April) *Predicting intimacy: Differences and similarities across gender and sexual orientation* [Poster session]. 92nd Annual Meeting of the Midwestern Psychological Association, Chicago, IL. (Conference canceled)

Shepler, D. K. & Smendik, J. M. (2020, August) *Assessment of differences in LGB identity based on sampling method* [Poster session cancelled]. 128th Annual Convention of the American Psychological Association, Chicago, IL, United States.

Smith, A. & Buzolits, J.S. (2020) *Teaching Trauma: Breaking the silence in the classroom* [Presentation] International Society for the Study of Trauma and Dissociation. Annual Conference, San Francisco, CA, United States. (Conference Cancelled).

Community Presentations

Glaros, M. (August, 2020). *Self-care and wellness* [Inservice presentation]. Beaumont Homecare and Hospice. Troy, MI, United States.

Glaros, M. (August, 2020). *Introduction to Mental Health* [Inservice presentation]. Beaumont Homecare and Hospice. Troy, MI, United States.

Dissertations Defended

Bell, C. (2020). *Predictors of parent-child communication about sex in Black community* [Doctoral Dissertation]. Michigan School of Psychology, Farmington Hills, MI, United States.

Bishara, L. (2020). *A phenomenological study of racial and ethnic minority clients' perception and experience of telepsychology* [Doctoral Dissertation]. Michigan School of Psychology, Farmington Hills, MI, United States.

Capaul, N. (2020). *The experience of being a funeral director: A transcendental-phenomenological study* [Doctoral Dissertation]. Michigan School of Psychology, Farmington Hills, MI, United States.

- Colman, B. (2020). *Through the lens of the parents: Navigating the intersectionalities of multiracial adoptive families* [Doctoral Dissertation]. Michigan School of Psychology, Farmington Hills, MI, United States.
- Houston, J.A. (2020). *Resilience, coping, and intersectionality as experienced by Black, single mothers obtaining doctorate degrees* [Doctoral Dissertation]. The Michigan School of Psychology, Farmington Hills, MI, United States.
- Peterson-Rochon, G. (2020). *The strong Black superwoman phenomenon* [Doctoral Dissertation]. Michigan School of Psychology, Farmington Hills, MI, United States.
- Polzin, T. (2020). *Why do some gay men bug chase an HIV-positive serostatus* [Doctoral Dissertation]. Michigan School of Psychology, Farmington Hills, MI, United States.
- Radelt, M. (2020). *Remembering the joy of living: Letting go of the desire to die by overcoming persistent suicidality* [Doctoral Dissertation]. Michigan School of Psychology, Farmington Hills, MI, United States.
- Sabra, K. (2020). *Understanding the experiences of spirituality in post traumatic growth for older adults: A narrative approach* [Doctoral Dissertation]. Michigan School of Psychology, Farmington Hills, MI, United States.
- Sharpe, J. (2020). *Resiliency over recidivism: The incarcerated adolescent's experience of avoiding recidivism and becoming resilient* [Doctoral Dissertation]. Michigan School of Psychology, Farmington Hills, MI, United States.
- Stone, N. (2020). *What is the male's experience of emotional development in long-term recovery from SUDs?* [Doctoral Dissertation]. Michigan School of Psychology, Farmington Hills, MI, United States.
- Taylor, A. (2020). *Women's experience of the female gender role: Development of the Taylor Female Gender Role Conflict Scale* [Doctoral Dissertation]. Michigan School of Psychology, Farmington Hills, MI, United States.