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# 2019-2020
# Research Report

**This report reflects the scholarly works of faculty and students of the 2019-2020 academic year.**

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## Publications

Balaghi, D., Self-care practices for psychologists (2020, August). In N. Moser (Chair), *Self-Care practices for Psychologists: 3 Part Series. Michigan State University's Clinical Science Forum*, East Lansing, MI, United States.

Callan, P. D., Shepler, D. K., Justice, M., D., & Oliver, C. E. (2020). Correlates of sluggish cognitive tempo among clinic referred youth: Expanding awareness of somatic symptoms and stress in the clinical picture. *Journal of Pediatric Neuropsychology*, Online First doi: 10.1007/s40817-020-00083-6

Shepler, D. K. (2019, December). Book Review: Gay & bisexual men living with prostate cancer: From diagnosis to recovery. *Div. 44 Newsletter, 34*(3). Retrieved from https://www.apadivisions.org/division-44/publications/newsletters/division/2019/12/prostate-cancer

Visintin, C.D.N., Schulte, A.A., Aiello-Vaisberg, T.M.J. (2020, in print). Meus Hormonios me Enlouquecem. *Revista Psicologia USP*. São Paulo/SP. ISSN 1678-5177

## Conference Presentations

Bach, L., Buzolits, J.S., & Smith A. (2020, February) *The Art and Science of Experiential Learning: Enhancing Meaning and Personal Relevance for All Students* [Presentation] 37th Annual Winter Roundtable at Teachers College Columbia University. New York, NY, United States.

Biedron, K., & Lampropoulos, G. K. (2019, November). *Acculturation as a moderating variable between parentification and immigrant mental health* [Paper presentation]. 12th International Congress of Clinical Psychology, Santander, Spain.

Boot, J., & Shepler, D. (2020, August). *Development of the asexuality stigma scale.* [Poster session]. 128th Annual Convention of the American Psychological Association, Washington, DC, United States.

Boot, J., & Shepler, D. (2020, April). *Disconfirmatory evidence of asexuality-related mental distress* [Poster session]. 92nd Annual Meeting of the Midwestern Psychological Association, Chicago, IL, United States. (Conference canceled)

Brown, F. (2020). *LGBTQIA+ Inclusion in higher education leadership: Ways forward* [Selected Panelist]. Diversity in Leadership Conference, Harvard Faculty Club, Cambridge, MA, United States.

Buzolits, J.S. (2020, July) *Managing Our Response to Trauma: Navigating the Dual Pandemics of COVID-19 and Racism* [2 part online workshop]. Labor and Employment Division of the Michigan Bar. Lansing, MI.

Buzolits, J. S., Abbey, A., Gillis, S., Johnson, K., Majeed, N., Malik, H., Mangiapane, V., & Resetar, A. (2020, March). *Trauma Stewardship: How Do We Navigate our Responses to Others' Suffering?* [Poster session]. Society for Humanistic Psychology 13th Annual Conference, New Orleans, LA, United States. (Conference cancelled)

Buzolits, J.S. & Smith A. (2020, February) *Trauma Psychology: A Key Component of Multicultural Psychology* [Presentation] 37th Annual Winter Roundtable at Teachers College Columbia University. New York, NY, United States.

Callaway, C., Jasser, D., Balaghi, D. (2020, May). *The role of climate change in therapy: Psychologists role as agents of change* [Conference workshop]. Cultural Competency Conference, Farmington Hills, MI, United States. https://msp.edu/student-services/student-engagement/cultural-competency-conference/ (Conference canceled)

DePorter, J. (2020, August). *The war at home: Predicting violent behavior among post combat veterans* [Poster session]. 128th Annual Convention of the American Psychological Association Convention, Washington, D.C, United States.

Dushane, L.A., & Ingram, A.M. (2020, April). *Using various holistic interventions to improve low self esteem* [Poster session]. Psi Chi's 5th Annual Research Symposium, Farmington Hills, MI, United States. (Conference canceled)

Glaros, M., Corbin, C., & Herline, L. (April, 2020). *Sleep: Quality over quantity* [Poster session]. 92nd Annual Meeting of the Midwestern Psychological Association, Chicago, IL, United States. (Conference cancelled)

Glaros, M., Sebastian, C., & Spencer, H. (April, 2020). *Development of a comprehensive Death Attitude Scale* [Poster session]. 92nd Annual Meeting of the Midwestern Psychological Association, Chicago, IL, United States. (Conference cancelled).

Ilmer, R. (2020, March). *Applied behavior analysis in substance abuse treatment* [Poster session]. Society for Humanistic Psychology 13th Annual Conference, New Orleans, LA, United States. https://static1.squarespace.com/static/59543862c534a568ba166f9c/t/5e5ad35c55dd083654172472/1583010653280/2020+SHP+Conference+Schedule+%281%29.pdf (Conference canceled)

Lampropoulos, G. K. (2020, May). *Avoiding bias and discrimination and enhancing diversity competence and inclusion in research* [conference session]. 2nd annual Cultural Competency Conference at the Michigan School of Psychology, Farmington Hills, MI, United States. (Conference canceled)

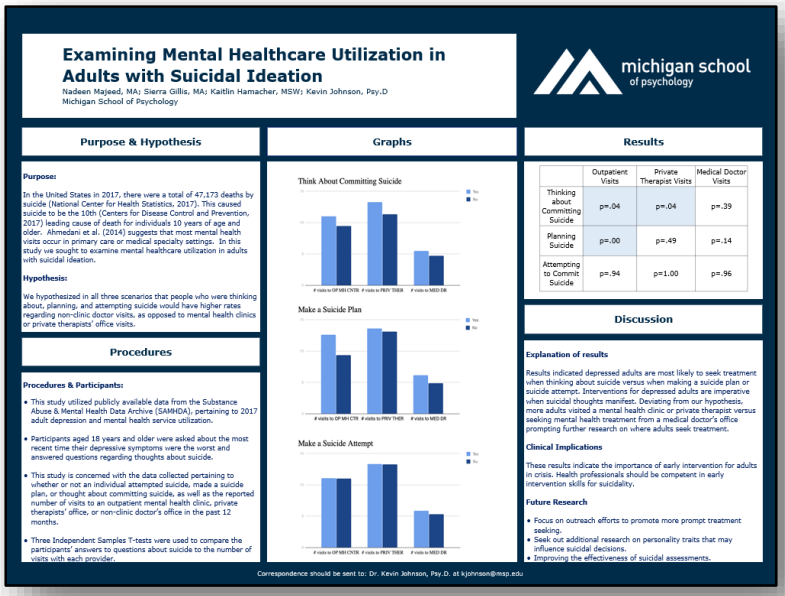
Lampropoulos, G. K., & Biedron, K. (2019, November). *Gender, age at immigration, culture, and perceived fairness as moderators between parentification and mental health* [Paper presentation]. 12th International Congress of Clinical Psychology, Santander, Spain.

Jasser, D. (2020, September). *Weight bias: Within and beyond therapy* [Poster session]. Michigan Academy of Science, Arts and Letters, Southfield, MI, United States. https://www.alma.edu/offices/michigan-academy/conference-information/

Johnson, K. P., Shepler, D. K., Gibson, B., & Blackstock, R. (2020, April). *Video games, virtual reality, and aggression* [Poster session]. Midwestern Psychological Association, Chicago, IL. (Conference cancelled)

Kadrich, M. & Shepler, D., (2020, April). *Catfishing: Use of false identities in online dating* [Poster session]. 92nd Annual Meeting of the Midwestern Psychological Association, Chicago, IL, United States. (Conference canceled)

Keenan, K., & Malick, H. (2020, March). *Not laughing at oppression and injustice: A case study using the film Joker to examine the role of empathy and oppression on human being and becoming* [Panel Discussion]. Society for Humanistic Psychology 13th Annual Conference, New Orleans, LA, United States. (Conference cancelled)



**Examining Mental Healthcare Utilization in Adults with Suicidal Ideation**

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**Purpose & Hypothesis**

**Purpose:**

In the United States in 2017, there were a total of 47,173 deaths by suicide (National Center for Health Statistics, 2017). This caused suicide to be the 10th (Centers for Disease Control and Prevention, 2017) leading cause of death for individuals 10 years of age and older. Ahmedani et al. (2014) suggests that most mental health visits occur in primary care or medical specialty settings. In this study we sought to examine mental healthcare utilization in adults with suicidal ideation.

**Hypothesis:**

We hypothesized in all three scenarios that people who were thinking about, planning, and attempting suicide would have higher rates regarding non-clinic doctor visits, as opposed to mental health clinics or private therapists' office visits.

**Procedures**

**Procedures & Participants:**

- This study utilized publicly available data from the Substance Abuse & Mental Health Data Archive (SAMHDA), pertaining to 2017 adult depression and mental health service utilization.
- Participants aged 18 years and older were asked about the most recent time their depressive symptoms were the worst and answered questions regarding thoughts about suicide.
- This study is concerned with the data collected pertaining to whether or not an individual attempted suicide, made a suicide plan, or thought about committing suicide, as well as the reported number of visits to an outpatient mental health clinic, private therapists' office, or non-clinic doctor's office in the past 12 months.
- Three Independent Samples T-tests were used to compare the participants' answers to questions about suicide to the number of visits with each provider.

**Graphs**

Think About Committing Suicide

Make a Suicide Plan

Make a Suicide Attempt

**Results**

| | Outpatient Visits | Private Therapist Visits | Medical Doctor Visits |
|---|---|---|---|
| Thinking about Committing Suicide | p=.04 | p=.04 | p=.39 |
| Planning Suicide | p=.00 | p=.49 | p=.14 |
| Attempting to Commit Suicide | p=.94 | p=1.00 | p=.96 |

**Discussion**

**Explanation of results**

Results indicated depressed adults are most likely to seek treatment when thinking about suicide versus when making a suicide plan or suicide attempt. Interventions for depressed adults are imperative when suicidal thoughts manifest. Deviating from our hypothesis, more adults visited a mental health clinic or private therapist versus seeking mental health treatment from a medical doctor's office prompting further research on where adults seek treatment.

**Clinical Implications**

These results indicate the importance of early intervention for adults in crisis. Health professionals should be competent in early intervention skills for suicidality.

**Future Research**

- Focus on outreach efforts to promote more prompt treatment seeking.
- Seek out additional research on personality traits that may influence suicidal decisions.
- Improving the effectiveness of suicidal assessments.

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Majeed, N, Gillis, S., Hamacher, K., & Johnson, K. P. (2020, April). *Examining mental healthcare utilization in adults with suicidal ideation* [Poster session]. Midwestern Psychological Association, Chicago, IL. (Conference cancelled)

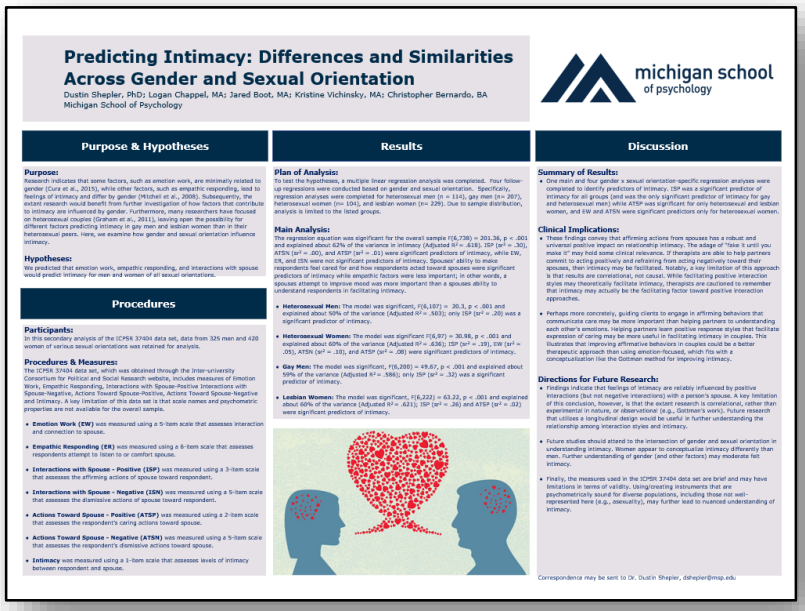
Mangiapane, V. (2020, April). *Grief: The loss of a child* [Poster session]. Psi Chi's 5th Annual Research Symposium, Farmington Hills, MI, United States. (Conference canceled)

McIntosh, D., Craft, A., & Sebree Jr, D. (2020, March). *The Trump effect and the implications for racial implicit bias* [Conference session]. Society for Humanistic Psychology 13th Annual Conference, New Orleans, LA, United States. https://shpconference.com/s/2020-SHP-Conference-Schedule-1.pdf (Conference canceled)

McKissic, A., Perlstein, J., Ingle, M., & Sebree Jr, D. (2020, March). *Power and vulnerability - Experiential workshop on the politics of gender* [Conference session]. Society for Humanistic Psychology 13th Annual Conference, New Orleans, LA, United States. https://shpconference.com/s/2020-SHP-Conference-Schedule-1.pdf (Conference canceled)

Schulte, A.A., Gallo-Belluzzo, S.R., Aiello-Vaisberg, T. M. J. (2020, August). *Loneliness within and out: Psychology students imaginary on children's rape* [Convention Presentation]. 128th Annual Convention of the American Psychological Association, Washington, DC. United States. https://convention.apa.org

Shepler, D., Callan, P. D., Craft, A. & Hamacher, K. (2020, April). *Comparing Conners 3 and ASEBA: Interrater reliability on ADHD subscales* [Poster session]. 92nd Annual Meeting of the Midwestern Psychological Association, Chicago, IL, United States. (Conference canceled)




Shepler, D., Chappell, L., Boot, J., Vichinsky, K., & Bernardo, C. (2020, April) *Predicting intimacy: Differences and similarities across gender and sexual orientation* [Poster session]. 92nd Annual Meeting of the Midwestern Psychological Association, Chicago, IL. (Conference canceled)

Shepler, D. K. & Smendik, J. M. (2020, August) *Assessment of differences in LGB identity based on sampling method* [Poster session cancelled]. 128th Annual Convention of the American Psychological Association, Chicago, IL, United States.

Smith, A. & Buzolits, J.S. (2020) *Teaching Trauma: Breaking the silence in the classroom* [Presentation] International Society for the Study of Trauma and Dissociation. Annual Conference, San Francisco, CA, United States. (Conference Cancelled).

## Community Presentations

Glaros, M. (August, 2020). *Self-care and wellness* [Inservice presentation]. Beaumont Homecare and Hospice. Troy, MI, United States.

Glaros, M. (August, 2020). *Introduction to Mental Health* [Inservice presentation]. Beaumont Homecare and Hospice. Troy, MI, United States.

## Dissertations Defended

Bell, C. (2020). *Predictors of parent-child communication about sex in Black community* [Doctoral Dissertation]. Michigan School of Psychology, Farmington Hills, MI, United States.

Bishara, L. (2020). *A phenomenological study of racial and ethnic minority clients' perception and experience of telepsychology* [Doctoral Dissertation]. Michigan School of Psychology, Farmington Hills, MI, United States.

Capaul, N. (2020). *The experience of being a funeral director: A transcendental-phenomenological study* [Doctoral Dissertation]. Michigan School of Psychology, Farmington Hills, MI, United States.

Colman, B. (2020). *Through the lens of the parents: Navigating the intersectionalities of multiracial adoptive families* [Doctoral Dissertation]. Michigan School of Psychology, Farmington Hills, MI, United States.

Houston, J.A. (2020). *Resilience, coping, and intersectionality as experienced by Black, single mothers obtaining doctorate degrees* [Doctoral Dissertation]. The Michigan School of Psychology, Farmington Hills, MI, United States.

Peterson-Rochon, G. (2020). *The strong Black superwoman phenomenon* [Doctoral Dissertation]. Michigan School of Psychology, Farmington Hills, MI, United States.

Polzin, T. (2020). *Why do some gay men bug chase an HIV-positive serostatus* [Doctoral Dissertation]. Michigan School of Psychology, Farmington Hills, MI, United States.

Radelt, M. (2020). *Remembering the joy of living: Letting go of the desire to die by overcoming persistent suicidality* [Doctoral Dissertation]. Michigan School of Psychology, Farmington Hills, MI, United States.

Sabra, K. (2020). *Understanding the experiences of spirituality in post traumatic growth for older adults: A narrative approach* [Doctoral Dissertation]. Michigan School of Psychology, Farmington Hills, MI, United States.

Sharpe, J. (2020). *Resiliency over recidivism: The incarcerated adolescent's experience of avoiding recidivism and becoming resilient* [Doctoral Dissertation]. Michigan School of Psychology, Farmington Hills, MI, United States.

Stone, N. (2020). *What is the male's experience of emotional development in long-term recovery from SUDs?* [Doctoral Dissertation]. Michigan School of Psychology, Farmington Hills, MI, United States.

Taylor, A. (2020). *Women's experience of the female gender role: Development of the Taylor Female Gender Role Conflict Scale* [Doctoral Dissertation]. Michigan School of Psychology, Farmington Hills, MI, United States.